OLLI at UMass Boston provides a learning environment that enriches the intellectual, social, and cultural lives of adults aged 50 and over who share a love of lifelong learning.

Osher Lifelong Learning Institute (OLLI) at UMass Boston
Providing Life-Enrichment Opportunities for Older Adults

Sponsored by
The Gerontology Institute
John W. McCormack Graduate School of Policy Studies
University of Massachusetts Boston and The Bernard Osher Foundation
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Lois Welch, Assistant Program Coordinator
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Charles Nicholas, Ph.D., Program Director, Elderquest Project

For more information on the OLLI Program, please call (617) 287-7312
Email: Mary.McCarthy@umb.edu or visit our Web Site:

www.OLLI.umb.edu
Osher Lifelong Learning Institute (OLLI) at the University of Massachusetts Boston is a lifelong learning program for adult learners. All of its members are 50 and older and are retired or partially retired. The program is sponsored by the Gerontology Institute at UMass Boston’s John W. McCormack Graduate School of Policy Studies and the Bernard Osher Foundation.

**Our Mission**
OLLI provides a learning experience at a modest cost that will enrich the intellectual, social, and cultural lives of people who share a love of lifelong learning — regardless of the extent of their formal education. No academic or other credentials are required. There are no tests, no papers to write, and no degrees. Most of OLLI instructors, called “facilitators,” are retirees. Many of them are retired or current UMass Boston faculty. Others are OLLI members who volunteer to facilitate a course about one of their interests.

**What Can I Learn?**
Over 70 non-credit courses, specially designed for older adults on a variety of topics, are offered each year. Classes meet once a week for an hour or two between the hours of 9:30–3:30 pm and last 4 to 12 weeks. Topics are carefully balanced offering literature, politics, current events, computer/internet, film analysis, history, foreign affairs, writing, music, opera, nutrition, health & wellness, science, nature & the environment, and philosophy & religion. There is something for everyone to enjoy!

**Additional OLLI Opportunities**
Each month, a lecture series is presented by UMass Boston faculty and outside experts, encouraging group discussion among OLLI members. You bring your own lunch for some of these gatherings and we will provide beverages & cookies.

**Where Are the Courses Offered?**
Most courses are held at the Harbor Campus of UMass Boston. It is easy to reach by public or private transportation. Parking is available for a small fee. Some courses will be held in Cordage Park in Plymouth (Suite #201, Building #3) with free parking.

**Social Activities and Field Trips**
One of our objectives is to foster connections among members. We offer this opportunity through several social events a year: holiday party, annual membership meeting, day trips, educational and international trips, and excursions to the theatre with discounted tickets and transportation provided.

**Membership Fee and Benefits**
Due to the increase in operational costs, OLLI’s Board of Directors recently voted to increase our membership fee to $175 for a full year ($325 for two persons living in the same household). This fee is still a great value compared to fees charged by other similar programs in the Greater Boston area, which range from $400 to $700 per year. Partial or full scholarships are available upon request. Members may take up to three courses per semester (Fall & Spring), serve on committees, and the Board of Directors. Members are eligible to obtain UMass Boston student ID cards, for a small fee, with the following benefits:

- Free admission to certain local museums
- Free access to UMass Boston’s Library
- Free access to UMass Boston Athletics Facilities including the swimming pool
- Free access to computer labs on campus
- No meal tax (5%) for food purchased in the cafeteria on campus

**How to Get Your Student ID Card**
To apply for the student ID card, please go to the Student Life Office located on the 3rd fl. of the Campus Center (Monday through Friday, 9:00 am–5:00 pm). You must present a valid driver’s license, passport, or other official form of photo identification and inform the staff that you are an OLLI student and you want to obtain a student ID. The one-time fee is $10.00 (cash or money order; no personal check).

**How to Update Your Current ID Card**
Members who already have the IDs from the previous semesters can stop by the OLLI office and ask for a Fall 2007 semester sticker to place on the back of your IDs to update it. This validation sticker is needed for each semester (Fall & Spring).

**How Do I Join OLLI?**
For more information, please call (617) 287-7312 or visit our Web site: [WWW.OLLI.umb.edu](http://WWW.OLLI.umb.edu)
Videoconferencing uses technology to allow two or more people at different locations to see and hear each other at the same time. Participants from separate locations can ask questions, discuss, and view videos, Internet pages, and documents in real time. This rich communications technology offers new possibilities for schools, colleges, and libraries including formal instruction (courses, lessons, and tutoring), connections with guest speakers and experts, multi-school project collaboration, professional activities such as meetings and interviews, and community events. For example, if you attend an OLLI class in Cordage Park in Plymouth, you will be able to see and hear the facilitators and participants at the UMass Boston campus.

**What is Video Conferencing?**

Videoconferencing uses technology to allow two or more people at different locations to see and hear each other at the same time. Participants from separate locations can ask questions, discuss, and view videos, Internet pages, and documents in real time. This rich communications technology offers new possibilities for schools, colleges, and libraries including formal instruction (courses, lessons, and tutoring), connections with guest speakers and experts, multi-school project collaboration, professional activities such as meetings and interviews, and community events. For example, if you attend an OLLI class in Cordage Park in Plymouth, you will be able to see and hear the facilitators and participants at the UMass Boston campus.

**Directions to Cordage Park**

The UMass Boston classrooms are located at Mill Building #3, Suite #201, 36 Cordage Park Circle: Rte. 3 to Exit 9 (Kingston/N. Plymouth), South onto Rte. 3A (Main St.), Main St. becomes Court St., follow to Cordage Park which will be on your left.

**Public Transportation**

Cordage Park is also accessible by commuter rail. The Plymouth line stops are South Station, JFK/UMass, Quincy Ctr., Braintree, South Weymouth, Abington, Whitman, Hanson, Halifax, and Kingston. See: www.mbta.com.

**Attention, Members!**

For those who joined last fall, please check whether your OLLI membership will expire by the end of August.

Look at your mailing label. If you received a yellow label with the date "8/31/07," you need to renew your membership by filling out the Membership Form on page 29 and sending your membership dues of $175.00.

OLLI members in good standing are eligible to obtain UMass Boston student ID through the Student Life Office (Campus Center, 3rd floor) Monday through Friday, 9:00 am–5:00 pm. You must present a valid driver’s license, passport, or other official form of photo identification and inform the staff that you are a student in the OLLI Program at the Gerontology Institute. The one-time charge is $10.00 (cash or money order; no personal checks). A validation sticker is needed for each semester. Members who already have the IDs from the previous semesters can stop by the OLLI office and ask for a Fall 2007 sticker to place on the back of their ID to update it.

If you have any questions about this perk, please contact the OLLI staff at (617) 287-7312.

**Special Benefits for OLLI Members**

The Lighthouse Fitness Center located near OLLI classroom facility in Cordage Park, Plymouth has offered a special rate for OLLI members, facilitators, and staff. This special membership rate ($29 per month + lifetime initiation fee of $25.00) include:

- Free Unlimited 1-to-1 Personal Training
- Free Childcare
- Group Exercise, Spinning, Yoga & Pilates
- Indoor Rock Climbing, & more!

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**Lighthouse Fitness**

10 Cordage Park Circle, Suite 243
Plymouth, MA 02360
Tel: (800) 571-2680
Website: www.lhfcenters.com
OLLI at UMass Boston
Registration Form – Fall 2007

Name____________________ Address__________________________
City____________________ Zip________ Phone_____________________
Email____________________ Emergency Contact____________________
Relationship_________ Daytime or Cell Phone of Emergency Contact____________________

Please indicate courses that you wish to take as well as the location (UMB = UMass Boston, CDP = Cordage Park). Each member will be assigned at least one course — up to three, depending on availability. Please print the full title. (Do not include Brown Bag presentations. There will be a separate registration for these.)

1st Choice____________________ Day________ Location__________
2nd Choice____________________ Day________ Location__________
3rd Choice____________________ Day________ Location__________
4th Choice____________________ Day________ Location__________

Course registration begins July 1 and will continue to be processed for each course through the first day of a course, if openings still exist. Please register early since certain courses fill up quickly. Members will be notified about the course/s to which they are assigned prior to the first day of class. Specific rooms at each location will be assigned at that time.

• Additional small fees (non-refundable) may be incurred for copying of handouts, off-campus activities, and special events.

• If a course is oversubscribed, only those registrations received by July 20 will be placed in a “lottery.” After the lottery, members who registered by July 20 but were not selected will be placed on the waiting list and will be notified if a space becomes available. However, the waiting list will not be carried over to the next semester.

• OLLI reserves the right to cancel a scheduled course because of low registration, non-availability of a facilitator, or any other unavoidable circumstance. Members will be notified as soon as possible.

• Please do not show up at a class without permission from our staff if you are not assigned to that particular class.

Questions about course availability? Call (617) 287-7312

List of Courses at Cordage Park

Before you register for courses, please carefully check the locations.

The following courses will be held at both UMass Boston campus and Cordage Park via video conferences originated from the UMass Boston campus. You may choose to attend at either location, but you need to specify the preferred location on the registration form:

**MONDAYS**

Before the Microwave: Eating and Drinking in Boston (1620–1900) Joseph Carlin
10:00–11:30 — 9/24 to 10/29 (no class on 10/8, 5 sessions)

Men and the New Old Age Charles Nicholas
12:30–3:30 — 9/17 to 10/29 (6 sessions)

**TUESDAYS**

U.S.–Russian Relations: From Cold War to Cold Peace Rita Peters
11:30–12:45 pm — 9/18 to 10/23 (6 sessions)

George W. Bush and the Constitution Martin Quit
1:00–2:30 pm — 9/18 to 10/2 (3 sessions)

The Living Planet Fuad Safwat
1:00–2:30 pm — 10/9 to 10/30 (4 sessions)

Dante and His Age Frank Smith
1:00–2:30 pm — 11/6 to 12/11 (6 sessions)

**WEDNESDAYS**

Biology of Mammals Ruth Bennett
10:00–11:30 am — 10/3 to 10/31 (5 sessions)

OLLI members enjoying a Spring Brown Bag presentation.
<table>
<thead>
<tr>
<th><strong>Courses for Fall 2007</strong></th>
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<td><strong>MONDAY</strong></td>
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**Introduction to Opera**
This is an introduction that approaches opera via the libretto. We will listen to audio cassette tapes of well-known composers' operas in which the story in English precedes each scene, sung in the original language. We will usually follow up by listening to some of the most famous arias sung by other singers for comparison. The first two sessions on Puccini's Tosca will be followed by 2 sessions on Verdi’s Aida, 1 session on Handel’s Semle; 2 sessions on Verdi’s La Traviata and 1 session on Lehár’s Die Lustige Witwe (Merry Widow). *Note: These operas are chosen from those being performed in Boston during the 2007-2008 season so people will have a chance to see them on stage.

**Facilitator**: Barbara Wagner

Barbara Wagner started to listen to opera 20 years ago and has been making opera tapes for the last decade. She attends the New York Metropolitan and City Opera each season and possesses a wealth of special knowledge.

**Date**: 8 Mondays, Sept. 10 to Nov. 5 (no class on Oct. 8) **Time**: 10:00-Noon **Location**: OLLI Lounge, 3rd fl., McCormack, UMass Boston (next to the OLLI office)

**Working in Watercolor**
We will continue reviewing information about paints, brushes, watercolor paper and techniques used in laying down a wash and glazing as well as creating distance in a scene. We will be painting in abstract form as well as doing realistic work.

**Facilitator**: Charles Nicholas
Chuck Nicholas has spent the past eight years immersed in abstract form as well as doing realistic work. We will continue reviewing information about paints, brushes, watercolor paper and techniques used in laying down a wash and glazing as well as creating distance in a scene. We will be painting in abstract form as well as doing realistic work.

**Working in Watercolor**

**Facilitator**: Helena Zubrin
Helena Zubrin is a retired elementary school teacher who has taken art classes with such people as Sister Veronica Julie and Michael Domina. She is a member of the Weymouth, Braintree, and Canton Art Associations, as well as the Rhode Island Watercolor Society. During the past 10 years she has been showing and selling her work. Helena has received various awards, including a first place award at the 2006 Marine Bay Arts Affair in Quincy, Massachusetts.

**Date**: 6 Mondays, Sept. 10 to Oct. 29 (no class on Oct. 8 & Oct. 15) **Time**: 10:00-Noon **Location**: OLLI Lounge, 3rd fl., McCormack, UMass Boston (next to the OLLI office)

**Men and the New Old Age**
This six-week course is the second part of a national project called "Examining a New Model for Old Age in Literature and Film" (Elderquest Project) funded by National Endowment for the Humanities (NEH) in 2005. The first part completed its successful debut at 18 Lifelong Learning Institutes around the country last year. This course will focus on the ways in which today's men struggle against internalized ageism and gender stereotypes, as they struggle to embody new and more appropriate narratives for the new old age. We’ll combine clips from films, some New Yorker cartoons, and examples from our own experience in an attempt to define those issues which dominate the contemporary aging experience for men and the keys to its success or failure. Each three-hour class will consist of 1-1½ hours of movie watching followed by a discussion of the film. There will also be a short break between the screenings and discussions. Films to be shown include Nobody's Fool, Spring Forward, The Unforgiven, Around the Bend, and Venus.

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Getting There...

**Public Transportation**

**Subway** Take the Red Line to JFK/UMass Station. A free shuttle bus will carry you to the campus.

**Commuter Rail** Take the commuter rail to the JFK/UMass station from the South Shore on the Old Colony Line.

**Bus:**
- **Kennedy Square – Harbor Point/UMass** (Service all day.) Take #8; the last bus leaves campus at 10:00 pm.
- **Forest Hills – Andrew Station or UMass** (During morning and afternoon rush hours.) Take #16.

Olli members who take public transportation, please be aware that there are two free shuttle buses from the JFK/UMass Station.

**By Car**

**From the North**
Take Interstate 93 South through Boston to exit 15 (JFK Library/South Boston/Dorchester) and follow the University of Massachusetts along Columbia Road and Morrissey Boulevard to the campus.

**Parking**
To save time and money, Olli members who drive to the campus may purchase 5 or 10 Multi-park Passes that allow for unlimited daily garage use and they have no expiration date. 5-Park Pass — Price $29.00 ($5.80 per use), 10 Park Pass — Price $56.00 ($5.60 per use). A regular parking fee is $6.00 per day. These passes may be purchased at the Tollbooth, Bookstore and Parking/Transportation Office.

The Campus Center is about 2-5 minutes walk to Wheatley and McCormack Halls where most Olli seminars are held. For directions and map of the UMass Boston campus, visit the university Web site **www.umb.edu** Parking at the Cordage Park in Plymouth is free. For directions to the Cordage Park, please visit the web site **http://www.cde.umb.edu/plymouth/**

**Weather Emergencies**

In the event of a snowstorm or other severe inclement weather, Olli events or courses to be held on campus will be canceled if the University is closed. University closing will be announced via the Web site **www.umb.edu** Main switchboard:

(617) 287-5000 will carry a voice mail announcement which notifies callers if the campus will be open for operations. For off-campus events: cancellation due to weather conditions will be announced on Olli’s voice mail. You can hear the message by calling (617) 287-1932.

in the study of aging from the perspective of the humanities. His special interest is feature films about aging, and he has compiled film and book lists and developed courses and workshops at the Cambridge Center for Adult Education, Lasell College, the Radcliffe Seminar, and at public libraries, senior centers, and assisted-living and independent-living facilities. Three years ago, he received a National Endowment for the Humanities Consultation Grant entitled “Reel Aging: Using the Movies to Discover What the New Old Age Can Actually Become.” He has been interviewed by NPR’s Here and Now about his Aging Goes to the Movies Festival at the Brattle Theater in Cambridge. He is Program Director of the Elderquest Project funded by the National Endowment for the Humanities (NEH) in 2005.

**Date** 6 Mondays, Sept. 17 to Oct. 29 (no class on Oct. 8)

**Time** 12:30-3:30 pm

**Locations**

UMass Boston and Cordage Park in Plymouth (via video conference), specific room will be announced.

**Collage as an Art Medium**

We are all aware of the value of reminiscence. Collage is an art medium that does not require past art experience — just the desire to express oneself. This is an opportunity to reflect on our lives and our loved ones. We will elicit recollections and acknowledge the value of past memories, deep relationships, and life experiences. The first class will consist of a 30-minute introduction (images and actual art work samples), followed by a one-and-a-half hour hands-on working session. This includes interaction, personal exploration regarding subjects, and re-sizing potential subject pictures. Students should bring reminiscent photographs to the introductory class. Originals will be used only for coping purposes. We will be creating visual tributes/legacies. Class size is limited to 10 students who allow for individual consultation as the work progresses. The instructors will bring in magazines (for pictures), art supplies, baseboard, glue, rollers, and brushes. Students will be encouraged to enhance their art with fabric, found objects, printed verbiage, trinkets, and stickers. Supplies supported by the Cota and John Davis Foundation and New England Baptist Hospital.

**Facilitators**

Ruth M. Abrams and Sima Rynderman

Ruth Abrams has been working as a professional college artist for eight years with solo exhibits at Newton College, Cambridge Multicultural Art Center, Tufts Health Plan Gallery, and Brookline Public Library among others. As a member of the national Postcard College Society, Ms. Abrams began to focus on miniature formats as an emotionally fulfilling and appropriate technique for mature individuals to communicate their feelings and share life experiences. In June 2006, the Brookline Art Center featured a show of her student’s work along with selected pieces of her own work. Sima Rynderman, her assistant is a skilled and published beader and quilter who will offer added support and encouragement to the class.

**Date** 4 Mondays, Sept. 17 to Oct. 15 (no class on Oct. 8)

**Time** 10:00-Noon

**Location**

UMass Boston, specific room will be announced.

**Before the Microwave: Eating and Drinking in Boston (1620-1900)**

Food and drink have played a significant role in the history of America, but it is a story that is not well known. Periods of great change caused by population growth, urbanization, wars, immigration, and technology have greatly influenced the way we eat, particularly here in Boston. Through readings, lectures, videos, and facilitated discussion, students will gain a deep understanding of Boston’s culinary past. Particular attention will be given to an exploration of the importance of food in shaping America’s new national identity after the Revolutionary War.

**Facilitator**

Joseph Carlin

Joseph Carlin has a B.S. in Food Marketing from St. Joseph’s University, an M.S. in Food Science and Human Nutrition from UMass Amherst, and a M.A. in Critical and Creative Thinking from UMass Boston. He has 35 years of professional experience as a public health nutritionist with the U.S. Administration on Aging. In 2002 he received the Kit Clark Award for his contributions in the field of elderly nutrition. He served as Associate Editor of the Oxford Encyclopedia of Food and Drink in America published in 2004. During
The Magic of Poetry and Painting
Explore the way the music and message of poetry and the beauty and meaning of painting enhance our appreciation, understanding, and enjoyment of both as well as the times, places and themes of the subject matter they portray. This course will focus on poets and painters with a New England connection and will give equal time to the creative work of females and males. The poems presented will include Emily Dickinson, Robert Frost, Edna St. Vincent Millay, Wallace Stevens, Seamus Heaney, and Mary Oliver. Painters and paintings will be selected, which complement and broaden our appreciation of the poetry selected. Students will be encouraged to suggest their favorite poets and painters, to bring in the work of their favorites and to read aloud the poems they love.

FACILITATOR: Kathleen McGovern
Kathleen McGovern is a retired Verizon computer specialist with a lifelong love of literature and the arts. She has a Bachelor’s degree from Boston University and a Master of Education degree from the Harvard Graduate School of Education. She runs a writing group at the Thayer Public Library in Braintree, MA.

DATE: 6 Mondays, Sept. 24 to Nov. 5 (no class on Oct. 8) TIME: 1:00-3:00 pm LOCATION: UMass Boston, specific room will be announced

Short Stories of Alice Munro
Explore the language, themes, structure, and symbolism of the stories of Alice Munro, using her book Selected Stories published in 1996 by Vintage Press, a division of Random House, Inc., N.Y. Many libraries will have the book but the order no. is ISBN 0-679-76674-X for those who wish to purchase it (always better for taking notes, etc.). We will discuss at least 15 of the 28 stories in the five-week course. Newsweek says “She has quietly emerged as one of our greatest living writers” and John Updike says: “Her stories are like few others. One must go back to Tolstoy and Chekhov for comparable largeness.” There will be lively discussion of themes, methods of writing, and characters’ lives by members and the facilitator.

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DATE: 5 Mondays, Oct. 15 to Nov. 19 (no class on Nov. 12) TIME: 10:00-Noon LOCATION: 36 Cordage Park Circle, Plymouth, UMass Boston suite 201, Building 3

Ancient Egypt Introduction
Ancient Egypt was a long-standing civilization in northeastern Africa that covered a continuous period of over three thousand years. In terms of historical continuity, only modern China comes anywhere near this. The class will consist of three lectures on history from beginnings to Cleopatra, two lectures on culture-religion overview, funerary practices, and overview-hieroglyphics (ancient Egyptian writing).

FACILITATOR: Robert Kachinsky
Robert Kachinsky has lived and worked in Egypt for fourteen years. He has been involved in numerous Egyptological undertakings with several world renowned Egyptologists. He currently advises on the preservation of the largest Temples of Ancient Egypt. He has been an avocational Egyptologist since his early youth and is a close friend and colleague of the current Director of Antiquities in Egypt, Dr. Zahi Hawass.

DATE: 5 Mondays, Nov. 19 to Dec. 17 TIME: 10:00-Noon LOCATION: 36 Cordage Park Circle, Plymouth, UMass Boston suite 201, Building 3

Intermediate Conversational French
This course presents six sessions in conversational French to people who have studied French in the past and would like to have a chance to speak French more fluently now. Topics covered will depend on
More trips will be announced in the near future.

Harbor Cruise
July 24, 11:00–1:00
Get to know other OLLI members while cruising around the Boston Harbor Islands aboard the Columbia Point, an all-weather 110-passenger vessel. A small fee will be charged to cover lunch and refreshments. For more information call (617) 287-7312.

Tanglewood on Parade
August 15–16
If you missed last year’s trip, join us this summer and enjoy a guided tour of three historical museums. The cost is $22.54 per person. It includes roundtrip airfare from Boston, accommodations, 33 meals, all of the cultural activities, and local trip leader. This trip is completely booked! If you are interested in having your name on the list for next year, please contact the OLLI office at (617) 287-7312 or by email Mary.McCarthy@umb.edu

Visit the New York Metropolitan Opera and see a show
October 16–18
Visit the New York Metropolitan Opera and see Aïda.

More international trips are being planned for next Spring and Summer.

More trips will be announced in the near future.

OLLI International Trip
Thailand
Nov. 1 – Nov. 16
For the second year, OLLI is working with Overseas Adventure Travel in Cambridge, MA to organize a 16-day trip to explore Thailand. This will be a small group of 16-20 OLLI members (non-members can be accommodated if there is a space). OLLI director, Wichian Rojanawon, a native of Thailand, will accompany the group and will conduct a three-hour workshop on Thailand prior to the departure. The cost is $2,254 per person. It includes roundtrip airfare from Boston, accommodations, 33 meals, all of the cultural activities, and local trip leader.

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This trip is completely booked! If you are interested in having your name on the list for next year, please contact the OLLI office at (617) 287-7312 or by email Mary.McCarthy@umb.edu

More trips will be announced in the near future.

OLLI International Trip
Thailand
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More trips will be announced in the near future.
US-Russian Relations: From Cold War to Cold Peace

Only months after George W. Bush had looked into Vladimir Putin’s eyes and had seen his soul, it became clear that Moscow was embarking on an increasingly more confrontational policy toward Washington. This assertiveness, often laced with pugnacious rhetoric reminiscent of the Cold War, is part of Moscow’s strategy to restore Russia’s regional dominance the power status that she enjoyed in the Soviet era. After nearly a half century of Cold War politics, Mikhail Gorbachev, pursuing “new thinking” in Soviet foreign policy, had developed an unprecedented relationship with Washington that Secretary of State James Baker characterized as a “partnership.” But the end of the Cold War coincided with the disintegration of the Soviet Union and the loss of superpower status for the Russians. In trying to recoup Russia’s losses Putin has given the West a Cold Peace. This seminar explores the end of the Cold War and the issues and Dynamics of the Cold Peace.

FACILITATOR Rita Peters
Professor Peters teaches in the Political Science Department of UMass Boston. She is also an Associate of Harvard University’s Davis Center for Russian Studies. Among other courses, she teaches International Relations and War and has lectured on various aspects of conflict and security at the University of Latvia and the School of Diplomacy in Tallinn – as well as for OLLI. She earned her PhD at Boston University. Her research has been published in various scholarly journals, and she is currently researching Baltic state policies in international relations.

DATE 6 Tuesdays, Sept. 18 to Oct. 23
TIME 11:30-12:45 pm LOCATIONS UMass Boston and Cordage Park in Plymouth (via video conference), specific room will be announced

T'ai Chi

T'ai Chi (T’ai Ji Quan) is an ancient Chinese form of movement which, originally, was a formidable martial art, operating on several levels of awareness. It embodies Taoist philosophy, and accordingly is extremely beneficial for good health. It is also a method of relaxation, used for increased focus and concentration. Benefits include stress reduction and better concentration, as well as improved flexibility, strength, enhanced immune system, balance, memory, circulation and coordination. This course is cosponsored by the Confucius Institute located at UMass Boston.

FACILITATOR Ngai Kwan
Ngai Kwan is a Doctoral student in the Gerontology Department at UMass Boston. He received a B.A. in Physical Education and Recreation Studies from Hong Kong Baptist University. He then worked for four years as a Coordinator for Elderly Recreation Activities in the Hong Kong Leisure and Cultural Services Department. Ngai also worked as a Graduate Assistant in the Community Center for Vital Aging run by Ball State University. His major duties included organizing outreach wellness programs for older adults, coaching Senior Net classes and leading Tai Chi classes.

DATE 10 Tuesdays, Sept. 11 to Nov. 13
TIME 9:30-10:30 am LOCATION UMass Boston, Beacon Fitness Center, McCormack Hall, 1st floor

George Bush and the Constitution

President George W. Bush’s approach to American government cannot be easily categorized. His constitutionalism challenges both liberals and conservatives. We will examine three aspects of Bush’s constitutionalism: (1) federalism, (2) signing statements, and (3) religiosity. (1) Federalism is at the core of the U.S. Constitution. It pertains to the relationship between the central government and the states. What should the proper balance be between these two entities? Conservatives generally criticize Bush for consolidating too much power in Washington. (2) Regarding signing statements, instead of vetoing bills he does not like, the President has signed them with statements that are unenforceable. (3) Religiosity is extremely beneficial for good health. It is also a method of relaxation, used for increased focus and concentration. Benefits include stress reduction and better concentration, as well as improved flexibility, strength, enhanced immune system, balance, memory, circulation and coordination. This course is cosponsored by the Confucius Institute located at UMass Boston.

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TIME 9:30-10:30 am LOCATION UMass Boston, Beacon Fitness Center, McCormack Hall, 1st floor

Richard III

By William Shakespeare
Directed by Kevin Moriarty
January 25 - March 2, 2008
Trinity Repertory Company

In four hundred years, Richard’s met no rivals: an anti-hero so brilliant, we can’t help but admire his ruthless ascension to the throne. Lies, plots and kidnapping are just the beginning; he marries the princes whose husband and father he murdered, and manipulates others into killing each other and supporting him. Much more than a history play, Richard III charts the soul of charismatic leaders utterly free of conscience, legal or moral constraint. A political thriller of epic proportions, this is the definitive portrait of power’s seduction and its ultimate price.
As an OLLI member, you can go to the theatre with your peers. We have collaborated with many local theatre companies to make going to see shows as convenient as possible. Best of all, you don't have to break your bank! Special discounted tickets for OLLI members range from $28 to 65.00 (transportation included). There will be an Actors Forum and discussion after or before most performances. A bus will pick up and drop people off at the Campus Center of the UMass Boston campus. Below is a list of the upcoming shows (selected by our Theatre Committee). Members will receive more information for registration later.

**La Bohème**
Music by Giacomo Puccini
Libretto by Giuseppe Giacosa and Luigi Illica
Sung in Italian with projected English translation
November 2007
(specific date/time will be announced)
BOSTON LYRIC OPERA

What do Baz Luhrmann, RENT and the movie *Moonstruck* have in common? La bohème: Puccini’s most famous and beloved opera. Rodolfo and Mimì are poor, but they and their friends measure their lives in glasses of wine and love, which they have in abundance. The only thing that can be stolen from them is time. Come see, hear and feel one of the great romantic stories.

**The Mystery of Edwin Drood**
Book, Music and Lyrics by Rupert Holmes
Directed by Paul Daigeneaul
November 16–December 15, 2007
(specific date/time will be announced)
SPEAKEASY STAGE COMPANY

Winner of five Tony Awards including Best Musical, this delightful musical whodunit follows the members of a loony Victorian musical troupe as they endeavor to mount their rendition of the classic yet unfinished Charles Dickens story of the same name. Paul Daigeneaul will direct this high-spirited show that asks the audience nightly to solve the crime. Note: In addition to the play, we will visit the 20th Drawing Show in the Mills gallery curated by a fabulous artist named Magdalena Campos Pons.

**Historic Boston**
This is a course for people who want to learn about Boston’s history. The course will have two classroom sessions highlighting the Freedom Trail and historic Boston. Following each session, the class will take a guided Freedom Trail walk (1/2 of the Trail each session) with the instructors. The goal of this course is to make Boston’s history come alive. Participation will be fostered by two days of walking the Freedom Trail and encouragement of class participation in sharing knowledge and personal experiences of Boston highlights.

**Fall Gardening Courses with Master Gardener Roni Lahage**
This is a two-week course. During the first session, we will learn about water gardening on site at Roni’s pond in Marshfield, MA (location to be sent upon registration). We will also learn about planning, siting, and planting your garden. For the second session, at the UMass Boston Cordage Park facility in Plymouth, we will learn about fall plants and how to assemble the perfect fall window box. Sign up to offer his interpretation of them. Here he is accused of expanding Presidential power via a vis Congress beyond constitutional bounds. (Charlie Savage’s Pulitzer Prize-winning series in the Boston Globe is a terrific source.) (3) Liberals believe that George W. Bush, who found God in his late thirties, has weakened the wall of separation between church and state that emanates from the First Amendment. We will explore the Constitutional implications when a President’s religiosity shapes such major policies as court appointments, funding stem cell research, and faith-based initiatives.

**FACILITATORS**
Claire Forde and Phyllis Jennings
Claire Forde, with a History degree from UMass and a Master’s in Education, has traveled to more than 30 countries. She has lived all over the United States and now has returned to the New England area. Her cousin, Phyllis Jennings, worked for more than 30 years as a teacher in the Brockton Public School system. She has a Master’s in Education. Since retirement, she has enjoyed the OLLI Program. Both have worked as tour guides in Boston and would like to share their love and knowledge of Boston’s Freedom Trail.

**DATE**
4 Tuesdays, Oct. 2 to Oct. 23
**TIME**
10:30-Noon **LOCATION**
The first class (Oct. 2) and the third class (Oct. 16) will meet at UMass Boston, specific room will be announced. The second and last classes will meet in Boston. Limit: 20 participants.

**Introduction to Computers**
This Course will help participants in familiarizing with the basic computer functions. We will begin with how to turn a computer on, names for computer components, and how to use the mouse and keyboard. Specifically, we will focus on the exposure to World Wide Web and word processing programs. By the end of the five weeks, participants should be able to write a letter on the computer, using Word, a common word processing program, and perform a search on the Internet. If you have no computer experience or feel intimidated by it, this “hands on” course may be just what you are looking for! Limit: 10 participants.

**FACILITATOR**
Archana Prakash
Archana Prakash is a doctoral candidate in the Gerontology Department at the University of Massachusetts in Boston. Her research interests lie in the assimilation process of elderly immigrants to the United States of America. She is also working as a research assistant in the Gerontology department.

**DATE**
5 Tuesdays, Oct. 2 to Oct. 30
**TIME**
1:00-2:30 pm **LOCATION**
UMass Boston, specific room will be announced.
purchase plants and a window box liner in advance. Limit to 15 people.

**FACILITATOR** Roni Lahage
Master Gardener Roni Lahage has been actively involved in growing and designing with aquatic plant material for many years. A number of her garden designs on the South Shore have been on tour and in the print media. Roni has been a facilitator for OLLI in the past and her classes have been well attended and thoroughly enjoyed.

**DATE** 2 Tuesdays, Oct. 2 to Oct. 9
**TIME** 10:00-Noon
**LOCATION** First session will be at 36 Cordage Park Circle, Plymouth, UMass Boston suite 201, Building 3

**Positive Psychology and the Science of Happiness and Successful Aging**
The emerging science of Positive Psychology seeks to understand and build the strengths and virtues that enable individuals, families, and communities to thrive/fLOURish. It complements the problem-focused perspective of psychology as usual, using the same scientific methods to discover what is right with people. Positive Psychology has already contributed much to our understanding of happiness and well-being as we age. This course, then, is a broad overview of the fascinating psychological literature which seeks to understand and enhance well-being and happiness, with a particular focus on older adults. The course aims to be equal parts a) lecture from a Master’s level Doctoral student in the Clinical Psychology PhD program; b) in-class activities geared toward learning skills to develop your own signature strengths, and c) discussion about how concepts and activities may be most effectively adapted to enhance your own pleasure and engagement in work and family life and to increase the level of meaning/purpose you derive from life.

**FACILITATOR** Fuad Safwat
Fuad Safwat is a Professor emeritus of Biology and a former UMass Boston Provost. He has taught at many levels, concentrating on developmental biology and tissue culture techniques. His research included work on cell fusion and plant development. His OLLI offerings have included courses on Iraq and the Middle East.

**DATE** 4 Tuesdays, Oct. 9 to Oct. 30
**TIME** 1:00-2:30 pm
**LOCATION** UMass Boston and Cordage Park in Plymouth (via video conference), specific room will be announced

**Chinese Literature and Films**
Through reading literary works and viewing films that are thematically related, this course aims at helping students get to know what it means to be “Chinese”: how Chinese cultural identity is constructed and perceived in the new historical context. Materials (both literary works and films) are arranged according to the main theme of the course: transitional gender and class politics of modern China. No knowledge of Chinese language is required for this class. This course is co-sponsored by the Confucius Institute located at UMass Boston.

**FACILITATOR** Shixian Sheng

more critically and make better decisions using simple math and common sense. During this session, we will answer the following questions:

- How can randomness be used to make a psychic prediction?
- Which is the best door to pick on the TV show “Let’s Make a Deal!”
- How can your birthday explain synchronicity?
- How can you increase your luck?
- Should you trust your gut answers?
- Can a bald blackjack player at your table cause you to lose more often?

Better decisions lead to better results and happiness. This is not theory. These are real exercises that will not only astonish you, but it will actually make you realize that life isn’t as mysterious as it appears.

**PRESENTER** Stephen Shapiro
Stephen Shapiro began his diverse career with a 15-year tenure with the international consulting firm Accenture, where he founded and led their Global Process Excellence Practice. In 2001, he left the management consulting world to write his first book, 24/7 Innovation, which has been heralded in Newsweek, Investor’s Business Daily, and the New York Times. His most recent book, Goal-Free Living, was the cover story in O, the Oprah Magazine and was featured in Entrepreneur Magazine.

**Deal or No Deal: Negotiation for Daily Living**
Everybody negotiates. The issues range from the trivial (what restaurant to go to, what movie to see) to the basic stuff of life (buying or selling a car or home) to some of the most important questions we face (choices about family arrangements, medical care). In addition, who has not faced situations involving misunderstanding and miscommunication, where the other parties just don’t seem to understand or “get it”? Sometimes in such circumstances, the only choices seem to be to accept what is being offered or engage in a heated conflict. The first choice risks being taken advantage of; the second feels stressful and unpleasant. While there are no magical tricks or techniques to make difficult situations suddenly easy, this session will explore some techniques of negotiation and communication aimed at being “hard on the problem and soft on the people.” We will look at the interplay between interests (what is important) and positions (ways of obtaining what is important), how to listen effectively, how to spot negotiation missteps, and some approaches to difficult conversations. We will also examine various responses to conflict.

**PRESENTER** Doug Thompson
Doug Thompson, an adjunct faculty member of UMass Boston Graduate Program in Dispute Resolution, has a background in environmental protection, dispute resolution, and management. He spent over 25 years with the U.S. Environmental Protection Agency in various technical and management capacities, including chief of wetland protection and chief of water enforcement. Doug is currently working as a Senior Associate with The Keystone Center’s Science and Public Policy Program. On a personal note, he has been a practitioner and teacher of tai chi chuan for nearly 30 years, is also a certified hospice volunteer. He received a B.A. in environmental science and a M.S. in biology from Northwestern University in Evanston, Illinois. Short Stories of Alice Munro (UMB)
The Nineteenth Century Origins of America’s Number One Hobby: Gardening

The seed companies of the nineteenth century sold seeds as well as wrote about why it was important to garden. In the mail order seed catalog, the owner would often write articles as well as list the seeds for sale. The articles told the reader how and why to landscape the home property, which was to include a garden of both vegetables and flowers. The owners of the seed companies also wrote the major garden books and magazines of that period.

PRESENTER Thomas J. Mickey
Dr. Mickey is a professor of Communication Studies at Bridgewater State College, Bridgewater, MA. He has written three books including Beat Gardening Plants for New England. He has enjoyed gardening for 25 years. He is a Master Gardener. Last year, after eight years of one course a semester, he graduated from Harvard University’s Landscape Institute. He writes a regular garden column that appears in several papers owned by Seacoast Media (Portsmouth, NH) and also writes for the Brockton Enterprise (Brockton, MA). In 2006, he received a fellowship at the Smithsonian in Washington to research the history of gardening.

What Shapes Quincy’s History?

The range and diversity of Quincy’s history and the number of nationally and locally significant events that took place there are remarkable. This presentation will look at Quincy’s history from pre-colonial times onward and will seek to identify elements and trends that together have created the present-day city. Among specific topics to be considered are the town’s early colonial history, the relationship of both the Quincy and Adams families to Quincy, and significant events that took place there are remarkable. This presentation will look at Quincy’s history from pre-colonial times onward and will seek to identify elements and trends that together have created the present-day city. Among specific topics to be considered are the town’s early colonial history, the relationship of both the Quincy and Adams families to Quincy, and significant events that took place there.

PRESENTER Edward Fitzgerald
Edward Fitzgerald, whose Quincy roots go back four generations, has been executive director of Quincy Historical Society since 1992. For the Society, he has curated the Society’s new Quincy History Museum and numerous other exhibits, edited the book Quincy’s Legacy, and written several brochures on Quincy history. Dr. Fitzgerald holds a Ph.D. in 19th century American literature from New York University and has taught at Quincy College, Stevens Institute of Technology, Rutgers University, and Queensborough Community College.

An Overview of Latin America through Films

We will explore Latin American culture, history, and society through Latin American cinema. In the 1960s and 1970s, a movement known as New Latin America Cinema emerged with the idea that Latin American films should address demands of national culture and engage in social specificities. We will watch clips that address a broad range of subjects including religion, violence, sexuality, human rights, poverty, dictatorship, street children, peasants’ movements, and drugs.

PRESENTER Nadejda Marques
Nadejda Marques was born and raised in Latin America. Before she was three years old, she had survived two military coup d’états, in Brazil and Chile. From 1998 to 2002, Nadejda served as special correspondent with the Washington Post in Brazil. While with that paper, Nadejda traveled throughout Brazil, interviewing a wide range of sources, including ordinary people, artists, actors, and filmmakers, as well as high-level officials. In 1999, Nadejda helped create a Brazilian human rights NGO called Justiça Global (www.global.org.br), dedicated to promoting human rights in Brazil through rigorous fact-finding, documentation, and reporting, as well as using international mechanisms, including international media for the protection of human rights. Nadejda Marques has taught a variety of courses at UMass Boston including Brazilian Civilization, Native Peoples of South America, and Latin America through films.

Fun with Numbers

People often believe things with conviction without actually stopping to think about why they believe it. “Fun with Numbers” will teach you how to think

Shixian Sheng came from China in 1995 as a visiting scholar, first at Boston University’s English Department and then at Harvard University’s Women’s Studies. Teaching English as a Second Language has been her career for the last 25 years, almost half the time she has spent teaching new immigrants. Currently, she is a tutor at the multimedia, multipurpose language lab at Bankers Hill Community College, assisting students in locating software and websites that address their diverse language-improvement requirements, including bilingual interpretation. She taught a course China: Culture & Society for OLLI this past Spring semester.

DATE 8 Tuesdays, Oct. 23 to Dec. 11
TIME 1:00-3:00 pm LOCATION UMass Boston, specific room will be announced

Current Events and the Role of the U.S. in the New Global World

How should we, in the most powerful nation in the world, react or respond to the problems presented by the following: Internet and economic globalization, the fragile environment, pollution, over-population, starvation and poverty, disease, energy use, dictators, territorial conflicts, ethnic and religious conflicts, terrorism, and defense? We will emphasize discussion and encourage opinions.

FACILITATOR Roger Poutry
Roger Poutry is Professor emeritus of History at UMass Boston. He taught World History, Western Civilization, Boston History, and Britain and the Empire and has been interested in international relations. He has taught many OLLI courses since the program’s inception in 1999.

DATE 5 Tuesdays, Oct. 23 to Nov. 20
TIME 10:00-11:30 am LOCATION UMass Boston, specific room will be announced

Dante and His Age

In this six-week course, we shall study and discuss the world of Dante as seen through his life and major work, The Divine Comedy. The Inferno will serve as the focal point of our discussions with reference to Purgatorio and Paradiso. The course will make use of Power Point art slides of various Renaissance artists who were influenced by Dante’s work. I shall use John Ciardi’s English translation of The Inferno as the principal text. Ciardi’s translation has excellent notes at the beginning and end of each canto, which will be of great help to those with a little classical background. Supplemental reading of John Milton’s Paradise Lost, Books I and II, will be required and will also be part of class discussion.

FACILITATOR Frank Smith
Frank Smith is a Fulbright Scholar, a former lecturer in the Classics at Harvard University’s Graduate School of Education and head of Classics and Modern Languages at Wayland High School. He has been a Fellow at the American Academy in Rome and was Massachusetts Teacher of the Year in 1985. He was one of two educators featured in the PBS television documentary Great Teachers of America, and appeared on an NBC nightly news segment on the revival of the Classics. He has led acclaimed study tours of Italy, offering on-site lectures and discussions on the history, art, and architecture of Classical, Medieval, and Renaissance Italy.

DATE 6 Tuesdays, Nov. 6 to Dec. 11
TIME 1:00-2:30 pm LOCATIONS UMass Boston and Cordage Park in Plymouth (via video conference), specific room will be announced
FACILITATOR | Jim O’Brien
See Jim O’Brien bio above
DATE | 5 Wednesdays, Oct. 17 to Nov. 14
TIME | 10:00-11:30 am
LOCATION | UMass Boston, specific room will be announced

**Stretch Your Body, Stretch Your Mind: Chair Yoga**

Slowing down is the precursor to Yoga (and meditation) practice because this simple act allows us to consider our thoughts, feelings and actions more carefully in the light of our desire to live peacefully. Yoga and meditation do not conflict with or challenge any traditional religion. Come learn how they relate to each other and to our lives as we age. We will use our chairs to explore gentle yoga positions, nothing athletic.

**FACILITATORS**

Patricia Morris and Teddi Richmond
Patricia Morris and Teddi Richmond met several years ago under the auspices of Thich Nat Hanh, a renowned Zen master, poet and peace activist and have continued meditation practice. They belong to a Thursday morning group and Thursday night sangha and often attend days of mindfulness. They continue with their reading in periodicals and books.

DATE | 4 Wednesdays, Oct. 3 to Oct. 24
TIME | 10:00-12:30 pm
LOCATION | UMass Boston, specific room will be announced

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**Making Sense of Numbers Using Microsoft Excel**

The computer software program Microsoft Excel has a variety of practical uses. For example, if you are planning a family budget or calculating the expenses of a possible trip or group project, Excel can show you how a change in one item will affect the overall figures. Excel can quickly calculate totals and averages, keep running balances, maintain some kinds of organizational records and dramatize sets of numbers by converting them into graphs. This course will provide a step-by-step introduction to the principles of Excel and its most useful applications.

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**Finding Information Using the Google Search Engine**

The rapidly growing World Wide Web makes an extraordinary amount of information available to anyone who knows how to look for it (and has access to a computer). This class is for anyone who likes the idea of using a computer to track down information — anything from a movie review or a museum address to a capsule biography or the date of a historical event. The class will focus on exploring both basic and advanced uses of Google, which in recent years has become the most highly regarded search engine. Google can check many billions of web pages in your behalf in less than one second, but only if you tell it what to look for.

**FACILITATOR** Jim O’Brien
Jim O’Brien is a historian who taught in UMass Boston’s College of Public and Community Service from 1992 to 2006 and has been involved with Gerontology programs at UMass Boston since the early 1980s. He is fascinated by what computers can do (and by how many ways they can go wrong) and has taught computer courses in the OLLI program every semester since 2000.

DATE | 5 Wednesdays, Sept. 12 to Oct. 10
TIME | 10:00-11:30 am
LOCATION | UMass Boston, specific room will be announced

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**Preservation of Family Photographs**

In a workshop setting limited to ten people, participants will learn how to identify the most common types of 19th and 20th century photographic processes, among them the daguerreotype, ambrotype, tintype, carte de visite, Cabinet print, cyanotype, and silver-gelatin print. The care and storage of black-and-white and color photographs will be discussed, and common issues in preservation identified. Participants are encouraged to bring up to three examples of family photographs for identification and discussion.

**PRESENTER**

Ron Polito
Ron Polito, a Professor emeritus, taught film in the Art Department for twenty years, and was Associate Dean for Graduate Studies at UMass Boston.

**Rwanda 2007**

Would you like to hear a first-hand account about Rwanda? OLLI members Ellen Contreras and Judy Planchon were back in Rwanda in February and March 2007. They gave classes in English in three different schools. They also did a one-day seminar on language teaching to a group of Rwandan English teachers. In addition, they were fortunate to make a short visit to Paul Farmer’s new Partners-In-Health Medical Center in eastern Rwanda. A highlight of this trip was a morning visit to the Akagera National Park where zebras, giraffes, hippos, and baboons were spotted.

**PRESENTERS**

Ellen Contreras and Judy Planchon
Ellen and Judy both taught French in the Brookline Public Schools for many years. Ellen has also taught in California. Judy taught briefly in New Jersey. They have been members of OLLI for four years and enjoy it very much.

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**Today’s Pilgrims — Immigrant Integration**

PowerPoint lecture on the new population of Massachusetts: How the newcomer and the native born both change and enable integration. Walt Whitman called the United States “A Nation of Nations,” and we live with the tension of liking our kind, but needing to feel accepted and part of one community. How many of us ate tacos as children? How many have not had one this year? How else are we changing? Thanks to greater diversity reality from one million newcomers each year.

**PRESENTER**

Westy Egmont
Dr. Westy Egmont is currently Chair of the Governor’s Advisory Council on Immigrants & Refugees. He is past president of the International Institute of Boston and frequent lecturer on immigration issues.

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**Sugar Industry in Morelos, Mexico**

Participants will learn about the sugar industry in Morelos, Mexico. Topics include a brief summary of history from Herman Cortes to NAFTA; impact of industry on communities in Morelos; and impacts on the environment, on migrant labor, on foreign exchange rates, and on the sugar industry in the United States. The presentation will be conducted with use of photos and PowerPoint projector/ computer and slide projector. Participants will be asked to share their thoughts on immigration and free trade, capitalism and socialism.

**PRESENTER**

Hugh Stringer
Hugh wrote a study of the sugar industry in Morelos that was published in Land Economics, University of Wisconsin, in the 1970s, and he has visited the state every year since he lived and worked there for eight years in the 1970s. Hugh is Professor Emeritus of Roxbury Community College where he taught economics and computer applications.

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know all the basics, those who are comfortable with computers but want to know more and those who would like a refresher course. Basic computer experience is helpful and encouraged. The class is also for anyone who has recently purchased a computer and wants to get started.

**FACILITATOR**

Tom Pearson studied engineering at Drexel Institute of Technology. He was a U.S. Navy electronic technician and has 15 years experience in x-ray, nuclear medicine, electron microscope, and mass spectrometer installation and field experience. He has two years experience as a National Service Manager in nuclear medicine field service. He has 20 years experience in data communications and personal computer repair. Currently retired, Mr. Pearson is working part time as Home Service Representative for a personal emergency response company. He has taught various industrial/ commercial seminars.

**DATE**

Friday, Oct. 5 to Nov. 2

**TIME**

10:00-11:30 am

**LOCATION**

36 Cordage Park Circle, Plymouth, UMass Boston suite 201, Building 3

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**Brown Bag Presentations**

In addition to the courses, each month members will have an opportunity to meet each other and participate in group discussions and special events. You will bring your own lunch for some of these gatherings and we will provide additional refreshments. Non-OLL1 members can attend Brown Bag lunches, but there is a $5.00 fee per event. Here are some of the upcoming events in the Fall:

**Charity Girl: Sex and Civil Rights in World War I**

The author of a new historical novel will read from the book, discuss the research behind it, and discuss its implications for our times.

Charity Girl examines a dark period in our history when fear and patriotic fervor led to devastating consequences. During World War I, the U.S. government waged a moral and medical campaign, incarcerating and quarantining 15,000 young women. The government’s detention of suspected terrorists. The shunning of HIV-positive citizens and the American government’s detention of suspected terrorists.

**DATE**

5 Fridays, Oct. 5 to Nov. 2

**TIME**

10:00-11:30 am

**LOCATION**

36 Cordage Park Circle, Plymouth, UMass Boston suite 201, Building 3

**Charity Girl**

Charity Girl is the imagined story of Frieda Mintz, who secures a job at a Boston department store and strikes out on her own, escaping her repressive Jewish mother and a marriage to a wealthy widower twice her age. Determined to find love on her own terms, she is intoxicated by her new-found freedom and the patriotic mood of the day. That is, until a soldier reports her as his last sexual contact, sweeping her up in the government’s anti-vice crusade.

Based on exhaustive research, Charity Girl is a story of how an American crusade for freedom overseas cost thousands of its citizen’s freedom at home. The novel resonates with implications for modern times mirroring recent atrocities such as the shunning of HIV-positive citizens and the American government’s detention of suspected terrorists.

**PRESENTER**

Michael Lowenthal

Michael Lowenthal is the author of the novel Charity Girl (Houghton Mifflin, 2007), Avoidance (Graywolf Press, 2002) and The Same Embrace (Dutton, 1998), as well as short stories that have been widely anthologized. He has also written nonfiction for the New York Times Magazine, Boston Magazine, The New Yorker, and the Boston Globe.

**DATE**

5 Wednesdays, Oct. 17 to Nov. 14

**TIME**

10:00-Noon

**LOCATION**

UMass Boston, specific room will be announced

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**Ancient Egypt an Overview (UMB)**

Ancient Egypt was a long-standing civilization in northeastern Africa that covered a continuous period of over three thousand years. In terms of historical continuity, modern China comes anywhere near this. The class will be made up of three lectures on history from its beginnings through Cleopatra, one lecture on religion, one lecture on writing and one lecture on the evolution of Egyptology. There will be a question-and-answer period (1/2 hr.) after each lecture.

**FACILITATOR**

Robert Kachinsky

Robert Kachinsky lived and worked in Egypt for 14 years. He has been involved in numerous Egyptological undertakings with several world renowned Egyptologists. He currently advises on the preservation of the largest Temples of Ancient Egypt. He has been a vocational Egyptologist since his early youth and is a close friend and colleague of the current Director of Antiquities in Egypt, Dr. Zahi Hawass.

**DATE**

5 Wednesdays, Nov. 14 to Dec. 19 (no class on Nov. 21)

**TIME**

9:30-11:30 am

**LOCATION**

UMass Boston, specific room will be announced

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**Beyond the Silk Road — Journeys across Asia**

As the world’s largest continent, Asia encompasses a remarkable diversity of history, topography, religion, and cultures. This course will explore various facets of traditional and modern life across a range of Asian countries from Japan to the Caucasus. The presentations will be accompanied by photography, based on the facilitator’s extensive travels and experiences living in Asia. The course is for students who want to better understand the role of culture in shaping current living conditions and future opportunities and challenges, as well as for anyone considering travel within the region. Following each lecture, discussion with participants is encouraged, consisting of questions and comments. There will be five sessions: Japan and China — A Traveler’s Perspective; The Beauty of Yunnan Province
Facilitator Barry Pell

Over the past 36 years, Barry Pell has traveled in 140 countries on all continents. Starting with a college trip to London in the late 1960s, he was immediately attracted to the landscapes, history, and culture of foreign places. Balancing his training in photography/photojournalism, his love of travel, and his concern for the environment, Mr. Pell’s particular goal is to educate people throughout photography and interactive dialogue about the rich cultures and challenging lifestyles of developing nations. Mr. Pell has presented educational slide shows to dozens of public schools, colleges, universities; Rotary, business, and civic organizations; Travelers Aid Societies; and other social service agencies from 1975 to date. He has been invited as a guest lecturer to many local universities, including Harvard and MIT. Mr. Pell lived in China during 2001 and 2003-04 where he taught at the Beijing Institute of Civil Engineering and Architecture and at the Yunnan Police Academy.

Date: 5 Wednesdays, Oct. 3 to Oct. 31
Time: 1:00-3:00 pm
Locations: UMass Boston and Cordage Park in Plymouth (via video conference), specific room will be announced.

Let’s Use Media Devices and the Internet

This course is for students who are quite comfortable in using the Internet and email and those who may or may not have a digital camera. The main focus won’t be on how to use a digital camera per se, but on how to download pictures, where to store them, and how to send them via the Internet. First, we will begin with the introduction of how to use a digital camera. Next, we will try to download pictures from your digital camera (or some sample pictures may be provided). Then, we may try to enhance or decorate those pictures and send them through email or try to store them on certain commercial web sites. The class will also include discussion and demonstration of how to use computer to listen to music and recording information such as pictures into a flash drive, CD, or DVD.

Facilitator: Kaori Mitsui

Kaori Mitsui is a doctoral student in the Ph.D. program in Gerontology at UMass Boston. A native of Japan, she has a B.A. in Psychology and M.A. in Gerontology. She completed her practicum at an adult day care center, and left a short-term exercise program at a long-term care facility. She taught this course for OLLI this past spring.

Date: 5 Wednesdays, Sept. 20 to Oct. 17
Time: 1:00-2:30 pm
Location: UMass Boston, specific room will be announced.

Introduction to the Internet

The Internet has developed a very strong community base where information, software, and expert advice are freely shared. If you are puzzled about:

- How it all connects
- Search engines, shopping robots, photo sites
- Viruses, advertisement blockers, spy robots, and software

then this course is for you. This class is for people who have been using computers but still don’t.
Great Teachers and Their Fields of Study: A Re-Introduction for Mature Students!

Richard Pierce's teaching life has been spent largely with 17-year-olds at the University, giving them their first class in Humanities, teaching the "Introduction to the University" course. Along the way, he has discovered that for his freshmen (and for him!) his reports of the personality and character and charisma of his wonderful teachers have made the course material come to especially vivid life. His teachers (and their fields of study) have included Margaret Mead (Anthropology), Carl Sagan (Astronomy), Christopher Ricks and A.R. Ammons (Poetry), Margaret Farley (Religious Ethics), R.W.B. Lewis (American Literature), and Nobel Laureate Elie Wiesel (Judaism).

FACILITATOR: Richard Pierce
Richard Pierce studied World Religions at Yale. He is a Vietnam Veteran and has spent considerable time in East Asia studying Buddhism. His major academic field has been Judaism, and he studied and worked for some time in East Asia studying Buddhism. His major academic field has been Judaism, and he studied and worked for some time in East Asia studying Buddhism.

FACILITATOR: Richard Rancatore
Richard Rancatore has lived, studied, and played music all of his professional life. He still performs, knows people in the business, and loves it, as he loves teaching, which he has done in public and private secondary schools since 1955. He has taught math, economics, history and chemistry, as well as music. He has facilitated many film courses for OLLI.

FILM MARATHON

This course offers rare or seldom viewed films, mostly foreign. These films will make us think and move us emotionally. They may include the following films:
- Cabirola (1914 Italian silent classic about the Punic Wars... Hannibal, et al.)
- The Leopard (Il Gattopardo) – sumptuous epic about Sicily and the Risorgimento
- Downfall (German) – grim, realistic look at the last days of Hitler and the 3rd Reich
- The Conversation – Award-winning Coppola film about privacy, responsibility, guilt
- The Shop on Main St. – Tragic Czech film; fate of an elderly Jewish woman in Prague
- The Tree of Wooden Clogs (Italian) – by request; eloquent, daily life in North Italy. 1900s
- The Virgin Spring (Swedish) – rape, vengeance, murder; based on 14th century ballad
- Les enfants du paradis (French) – much discussed amongst critics. All-time best?

Richard reads about, discovers, uncovers, and remembers films all the time. He hopes to see his old friends and any new film devotees to join us in this film marathon.

FACILITATOR: Richard Rancatore
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DATE: 6 Thursdays, Nov. 1 to Dec. 13 (no class on Nov. 22) TIME: 10:00-11:30 am LOCATION: UMass Boston, specific room will be announced

So You Think You Have Problems? Part 3: Control Issues in Shakespeare

English history provided Shakespeare with real-life sagas of some mighty power-hungry kings, like Macbeth and Richard III whose ruthless reigns made for hellish home lives, but inspired some of his most popular plays. Former UMass Boston Instructor Dr. Christopher Harding and Martina Jackson return once again to team-teach with a multipart approach to explore two or three of the Bard's most exciting, if lurid dramas. Using videos, DVDs, in-class acting sessions, close study of the text, and an optional field trip to see an all-female cast production of the "Scottish play" by the Actors Shakespeare Project, these facilitators select whatever aids best suit the current class's appreciation of the greatest writer in the English language.

FACILITATORS: Christopher Harding & Martina Jackson
For over ten years these two devotees of the Bard have taught "Shakespeare comes to the Slammer" at the Suffolk County House of Correction. Both are graduates of Harvard University: Harding has a Ph.D. in English literature; Jackson (who minored in English in college) has a Master's from the Kennedy School of Government. Dr. Harding taught English here at UMass Boston for 10 years; Jackson, who has published articles in educational journals on teaching Shakespeare, has taught at Julie's Family Learning Center in South Boston. The duo has led two previous OLLI courses on Shakespeare: So You Think You Have Problems (Parts I and II).

DATE: 8 Wednesdays, Sept. 26 to Nov. 14 TIME: 1:00-3:00 pm LOCATION: UMass Boston, specific room will be announced

Writing Stories and Memoirs

The best way to learn to write is to write and then let readers tell you how they think you could improve your work. Some writing groups are brutal; this one will not be. Participants will write stories or fragments of memoirs; these will be passed out to the writers for comments, which will be given to the writers the following week. Volunteers may choose to offer their work for classroom discussions. The facilitator will make available information on tools writers may find useful.

FACILITATOR: Carter Jefferson
Carter Jefferson is a retired Professor of History at UMass Boston. A former newspaper reporter and editor, he has published a scholarly political biography, as well as scholarly papers. His short stories have appeared in a Web e-zine and a university literary magazine. He has also published book reviews in the Chicago Tribune and the Washington Post and has written radio copy for United Press. At UMass Boston, he has taught Introduction to Historical Writing.

DATE: 8 Wednesdays, Oct. 17 to Dec. 12 (no class on Nov. 21) TIME: 1:00-3:00 pm LOCATION: UMass Boston, specific room will be announced

Clandestine Women: Women Spies

Espionage has played a major role in the history of our country and women have been very effective in serving in many roles, as couriers, guides, code breakers, analysts, and covert agents. Long-forgotten records are being found that validate the courage and patriotism of these “shadow warriors.” During the Revolutionary War, homemaking skills were adapted for espionage. During the Civil War, changes in the perceived gender roles and intelligence system increased the danger for women. The increased sophistication of undercover espionage and advancements in communication technology that began in WWI and continued through WWII and the Cold War brought ever increasing roles in espionage for women. Today, women are serving at all levels in the Intelligence community. Some names will be familiar. There will be surprises as we learn together. An open invitation is extended to class members who may choose to do a presentation, but it is not a requirement. Come join us as we learn about and celebrate the contributions of these women of courage.

DATE: 6 Thursdays, Sept. 26 to Nov. 14 TIME: 1:00-3:00 pm LOCATION: UMass Boston, specific room will be announced

THURSDAY

FRIDAY
Edith Hillary Mwita, a native of Tanzania, is a Ph.D. candidate at UMass Boston’s McCormack School of Policy Studies, concentrating on international development. Her interests include advocacy for social justice, particularly regarding gender equality, girls’ education, economic development for the poor, and HIV/AIDS in Sub-Saharan Africa. She has worked as a program manager with The Catholic Relief Services in Tanzania and also with the European Development Fund’s Micro Project Program. She has also worked with the Women’s Irrigation Project and the Food and Agriculture Cooperative. Ms. Mwita holds two Master’s degrees — an Ed.M. from Harvard University and an M.S. (Science and Professional Studies) from Cornell University.

DATE 6 Thursdays, Sept. 20 to Oct. 25
TIME 1:00-2:30 pm LOCATION UMass Boston, specific room will be announced

Money Matters Part II

As a group we will be discussing living arrangements as we grow up, things you think we are literally (the first part of the course ended last semester). Also, there will be a review of necessary legal documents that protect our financial well-being. What is budgeting about and how do you construct one and then develop the self-discipline to live within it? How do you handle requests for money from friends and relatives during your lifetime? When do you give and when do you not? Remaining time will be spend on investments — equities, i.e., stocks, mutual funds, bonds, all which are not insured by the federal government. and those that are, i.e., savings accounts, and CDs; the degree of risk you are willing to assume, how you pick a financial advisor, the value of financial statements, and how you read them. Everyone must read the first half of the text before our first class. A reading packet will be provided at the first meeting.

FACILITATOR Edith Hillary Mwita

Great Conversations — First Series

Participants will read and discuss selections from Great Conversations-First Series, a NEW series put together by the Great Books Foundation. Class members will read and discuss the selections in the first half of the anthology, which contains readings from Aeschylus, Emerson, Whitman, and Ibsen among others, in the fall, and the second half of the book, which contains readings from Freud, Conrad, Ibsen, and Munro among others, in the spring. The readings are designed to engage discussion and will please those who enjoy reading great books and the lively pleasure of discussing ideas that follow. The Great Conversations #1 may be ordered from the Great Books Foundation at 1-800-222-5870 for $24.95 plus tax and shipping.

FACILITATOR Alicia Coletti

Alicia Coletti was a participant in a Great Books course for ten years and a leader for nine years. She also led a Junior Great Books group for five years. She holds a Master’s Degree in counseling from Northeastern University and was director of federal programs for the Quincy Public Schools. She is a member of the OLLI Board of Directors and the Curriculum Committee.

DATE 5 every other Thursday, Oct. 4, 18; Nov. 1, 15, 29 (no class on Nov. 22)
TIME 10:00-Noon LOCATION UMass Boston, specific room will be announce

Goods for Sale — The Gilded Age of Massachusetts Industry

During the 19th century, Massachusetts was transformed from farming and fishing economy into a highly urbanized, industrial state. Textiles and shoes led the way, but Massachusetts also made pianos, organs, sewing machines, parlor stoves and kitchen stoves, bicycles, and even automobiles, among many other products. We will discuss the rise of industries and the growth of the industrial years and the way the industries left the state. The course will follow the outline in the facilitator’s recent book, Goods for Sale, University Massachusetts Press, April 2007.

FACILITATOR Chaim M. Rosenberg